



Intersectional Network of Integrated Mental Health

CHALLENGE LAB

Thursday 27th April 12pm - 5pm

Innovation CentreUniversity of Essex
Colchester Campus CO4 3SQ



DISCOVERING INNOVATION TOGETHER





INNOVATE is an initiative aiming at fostering innovation, community collaboration, and forward-thinking solutions to inequalities in mental health, funded by AHRC-UKRI.

This event is an opportunity for representatives from different organisations that provide community and/or mental health support in Essex to network and provide your experiences supporting local communities. Your experiences will help the INNOVATE team and the consortium as a whole to gain a better understanding of the challenges facing effective mental health and community support.

Join us for a networking lunch (12:00-13:00)

Event Programme (13:00-17:00):

- Welcome Project Overview & Highlights
- Evidence Synthesis on burden and risks
- Asset Mapping for mental health
- The challenges in service delivery and access to services
- · Looking back and Moving forward

Your participation could significantly contribute to this mission. Be part of our community's collaborative journey.







